

Cultural classes continue!
IPC sponsors aloha awareness

See p. B-1.



Pfc. Derek Evans, food service specialist, 163rd Trans. Det., engages targets aboard the USAV CW3 Harold C. Clinger (LSV-2) with an M2 .50 cal machine gun during a live-fire waterborne gunnery exercise conducted at the naval wet range site in the Pacific Ocean, March 14. See p. A-4. (Photo has been altered from its original form; background elements have been removed.)

Tropic Lightning Soldier among 24 MOH recipients

WASHINGTON — In one of the largest ceremonies of its kind, President Barack Obama presented three living Army veterans and the families and representatives of 21 other Army veterans with the Medal of Honor, the nation’s highest military decoration for uncommon bravery and gallantry, at the White House, Tuesday.

Each of the 24 had received a Distinguished Service Cross for the same fearless actions for which they were now receiving long overdue upgrades to the MOH.

“This ceremony is 70 years in the making and today, we have the chance to set the record straight,” Obama said, noting that more than a decade ago Congress mandated a review to ensure heroism of veterans wasn’t overlooked due to prejudice or discrimination. During that review, the 24 Soldiers — Hispanic, Jewish and African American — were identified as deserving of the MOH.

“This ceremony is 70 years in the making, and today, we have the chance to set the record straight,” he said, noting that more than a decade ago, Congress mandated a review to ensure heroism of veterans wasn’t overlooked due to prejudice or discrimination.

“This is the length to which America will go to make sure everyone who serves under our proud flag receives the thanks that they deserve,” he said. “So, with each generation, we keep on striving to live up to our ideals of freedom and equality, and to recognize the dignity and patriotism of every person, no matter who they are, what they look like, or how they pray.”

One of the recipients was Sgt. (then-Spc. 4) Ardie R. Copas, Company C, 1st Battalion (Mechanized), 5th Regiment, 25th Infantry



Copas

Division.

Copas and the other recipients were awarded the Distinguished Service Cross, the nation’s second highest award, but all were upgraded to the MOH after a Congressional review and the 2002 National Defense Authorization Act prompted a review of Jewish, Hispanic and African-Americans’ veteran war records to ensure that they where not bypassed due to prejudice.

Copas, of Fort Pierce, Fla., joined the Army, June 18, 1969. Within a year of joining, Copas was serving as a Tropic Lightning machine-gunner near Ph Romeas Hek, Cambodia.

Out on patrol one early morning, his convoy was ambushed with recoilless rifles, rocket-propelled grenades and automatic weapons fire. After his vehicle was struck and he was

See MOH A-4

84th Eng. delivers past IEDs, UXO

8TH THEATER SUSTAINMENT COMMAND
Public Affairs

SCHOFIELD BARRACKS — Navigating roadways in a combat zone demands vigilance, habitual observation and reaction skills in spotting and dealing with improvised explosive devices (IED), unexploded ordnances (UXO) and other treacherous possibilities.

“Despite these hazards, deployed elements depend on distribution Soldiers like those in the 84th Engineer Battalion’s Forward Support Company to safely transport supplies from base-to-base across the theater,” said 1st Lt. Junior Matthews, Distribution Platoon.

The 84th Eng. Bn., 130th Eng. Brigade, 8th Theater Sustainment Command, prepared for that mission during IED lane training, March 10, at Schofield’s South Range.

The platoon-level training emphasized standard operating procedures it would execute when encountering IEDs and similar threats on roadways. Also, the range’s small village set-up simulated deployed environments to produce realistic conditions for the Soldiers, Matthews said.

The troops reviewed the types of IEDs and UXOs they may encounter on the battlefield,

how they’d react and report back to headquarters, convoy leadership briefing responsibilities and the importance of area intelligence reports.

The platoon’s junior troops then filled the role of convoy commander and assistant commander, building sand tables. They delivered guidance to their Soldiers. Ultimately, they conducted three convoy scenarios with IED and UXO simulators at different locations.

The training helped the platoon understand how to react to threats, Matthews said, which could potentially save lives during future missions. He added the day was an opportunity for his troops to learn from the instructors’ deployment experiences and knowledge.



1st Lt. Junior Matthews, 84th Engineer Battalion, 130th Eng. Brigade, 8th Theater Sustainment Command

Spc. Demarcus Lane, petroleum supply specialist, FSC, 84th Eng. Bn., arranges toy cars on an impromptu sand table to brief vehicle movements before leading a convoy through an IED lane. (Photo has been altered from its original form; background elements have been removed.)

Thousands of Field Artillery positions, from platoon to battalion, open to women

LISA FERDINANDO
Army News Service

WASHINGTON — The Army opened about 3,600 Field Artillery officer positions to women.

The move was officially announced in a directive issued March 4 from Secretary of the Army John McHugh.

“Opening these positions ensures the Army is properly managing the talent of all our service members, balancing readiness and the needs of a smaller force, and positioning all Soldiers for success with viable career paths,” said Col. Linda Sheimo, chief of the Command Programs and Policy Division at the Human Resources Policy Directorate, Army G-1. “We notified Congress last year of the pending opening of 13A (Field

Artillery) positions to female officers, from those in cannon battalions down to platoon-level.”

The openings do not include positions in Special Operations, she added.

“The Army’s plan to revalidate performance standards is all about increasing total force capability and preparing the force for future mission requirements,” said Sheimo. “Army senior leaders are committed to providing the most ready all-volunteer force, which sustains its capability to defend this great nation at home and abroad.”

The number breaks down to about 1,900 positions within the active component, and about 1,700 in the Reserve Components, she said.

Field Artillery officers are multifunctional professionals who are the Army’s experts in the coordination, synchronization and integration of joint fires and Army fires. They lead Field Artillery troops and combined armed forces during land combat, and they must be able to perform

What’s changed?

In May 2012, the Army removed co-location as a restriction under the Direct Ground Combat Definition and Assignment Rule for the assignment of women. This change opened positions in Multiple Launch Rocket Systems and High Mobility Artillery Rocket Systems, units that were previously closed to Field Artillery female officers.

In addition, three enlisted Field Artillery military occupational specialties opened. They were the following: 13M, Multiple Launch Rocket System crewmember; 13P, Multiple Launch Rocket System Operations/Fire Direction Specialist; and 13R, Firefinder Radar Operator.

Women now serve in 95 percent of all Army occupations and make up about 15.7 percent of the active Army.

See JOBS A-4



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CSM Philip J. Brunwald
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Dennis C. Drake
656-3154
Chief, Internal Communication
Aiko Rose Brum, 656-3155
aiko.brum@us.army.mil
News Editor
John Reese, 656-3488
news@hawaiiarmyweekly.com
Pau Hana Editor
Jack Wiers, 656-3157
community@hawaiiarmyweekly.com
Staff Writer and Photo Editor
Sarah Pacheco, 656-3150
sarah@hawaiiarmyweekly.com
Layout
Estrella Dela Cruz-Araiza
Advertising: 529-4700
Classifieds: 521-9111
Address:
Public Affairs Office
948 Santos Dumont Ave.,
WAAF Building 105, 2nd Floor
Schofield Barracks, HI
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Budget balances security, responsibilities

Military services need, deserve predictability

JIM GARAMONE

American Forces Press Service

WASHINGTON —The Defense Department’s fiscal year 2015 budget request is a pragmatic document that balances America’s national security and fiscal responsibilities, the chairman of the Joint Chiefs of Staff told the House Appropriations Committee.

Army Gen. Martin E. Dempsey stressed that the budget request helps the United States field the world’s finest military, even as it transitions to a smaller and more affordable force.

Service members are experts at handling change, the chairman said, but they do not like uncertainty and piecemeal solutions.

“They want, and they deserve, predictability,” Dempsey said.

The budget request provides the tools the force needs to accomplish its assigned missions, the chairman said, with money to begin rebuilding readiness for the short term and to modernize the force, so it can confront the threats of the future. Modernization is needed to ensure the force gives leaders of tomorrow options for the nation, Dempsey said.

The budget also reflects the reductions the department is making and the efforts needed to reduce the cost of doing business. The request ensures the force is in the right balance, and that is



Erin Kirk-Cuomo, Department of Defense

Chairman of the Joint Chiefs of Staff Gen. Martin Dempsey addresses the 2015 Department of Defense Budget Proposal before the House Appropriations Committee for Defense at the Rayburn House Office Building, March 13.

crucial for the future, the chairman said.

Included in the budget request is a request to Congress for a new round of base realignments and closures in 2017. Dempsey pointed out to the House panel that the Defense Department has infrastructure it does not need.

“With your support, we ought to be able to divest,” he added.

The department also has legacy sys-

tems it cannot afford and needs to retire, the chairman said, adding that growth in personnel costs needs to be reined in.

“We have personnel costs that have grown at a disproportionate rate,” he said, “and we ought to be able to slow the rate in a way that makes the all-volunteer force more sustainable over time.”

The general again emphasized the balance that the budget request repre-

sents.

“If we don’t move toward a sounder way to steward our nation’s defense, we face unbalanced cuts to readiness and modernization,” Dempsey said. “These imbalances ultimately make our force less effective in what the nation needs.”

Leaders cannot ignore this, he added.

“Kicking the can will set up our successors for an almost impossible problem,” the general said. “We have to take the long view here.”

Leaders used the defense strategic guidance published in 2012 to craft the 2015 budget request, and it conforms with the strategy published this month in the Quadrennial Defense Review, the chairman noted.

“I support the QDR and this budget,” Dempsey declared, flatly.

Even if Congress approves the budget request as written, Dempsey said, there will be higher risks to America in some areas.

“Under certain circumstances, we could be limited by capability, capacity or readiness in the conduct of an assigned mission,” the general said. “I expect more difficult conventional fights.”

If sequester-level cuts return in fiscal 2016 as law currently requires, the risks will grow and the options the military can provide the nation will shrink, the chairman said.

“That’s a gamble none of us should be willing to take,” he told the House panel.

(Follow Jim Garamone on Twitter: @GaramoneAFPS.)

BRIDGING THE BASICS

‘Forced leadership’ leads to apathetic leaders

1ST SGT. ERICA A. JONES

Intelligence and Sustainment Company
U.S. Army-Pacific

Some concepts of basic leadership and Soldiering skills seem to be absent in today’s leaders.

I define “bridging the basics” as the connection that exists among Soldiers who entered the Army during the post-9/11 era and basics as the starting point.

Training and discipline were different during the mid-to-late 90s. Soldiers were taught how to function in a garrison or field environment, as needed. Leaders were accountable for training aspects of basic soldier-



Jones

ing and providing leadership for the lower ranks.

Most junior enlisted and noncommissioned officers who progressed through the ranks in the 90s will agree that their leadership style was developed as private first class and specialist, not as sergeants. Being told that you didn’t exhibit enough leadership to appear before a board was acceptable during that time, but it gave you motivation to seek out leadership opportunities to excel whenever possible.

Once a specialist made the cutoff and pinned on the rank of sergeant, he began to polish his skills of who he was as an NCO. These skills included how to counsel and write awards as a young NCO.

The push for Soldiers to attend promotion boards is unreal. Once junior enlisteds meet the minimal requirements of time in service and grade,

they’re integrated into the standing list and forced to become leaders. Many haven’t demonstrated the potential to lead, much less have the desire to lead.

This forced leadership has created the apathetic leader. Some go on to become engaged with their Soldiers, while others continue with the blind leading the blind. Through all of this turmoil, the vicious cycle just continues, and the once-disciplined leaders and Soldiers soon fade away.

There are three different cycles of Soldiers and leaders that are caught in bridging the basics. The first cycle I refer to as the “old school Soldiers” who truly know all aspects of going back to the basics, 1990s era. However, some senior NCOs and officers are so far removed from mentoring direct leadership that they only convey the basics to a select few.

The next cycle are those caught in the

middle, which I refer to as the “bridge Soldiers,” or the 2000 era. These Soldiers have the potential to become the connection of all three cycles if they establish themselves as true leaders. They must learn to truly mentor the younger generation.

The last cycle I will refer to as “New Generation,” 2010 era. These Soldiers are bright and very educated, but have not been mentored in traditional Army discipline and values. This generation of Soldiers looks upon the Army as a corporation versus an institution of protecting the nation.

This bridge can be solved by clearly defining bridging the basics.

For Intelligence and Sustainment Company, U.S. Army-Pacific, we ensure that our Soldiers know what the basics are, whether they’re technical, tactical, disciplined or truly traditional Army core values.

FOOTSTEPS in FAITH

A restless heart can find contentment in one’s faith

‘Pilgrim Songs’ offers path to tranquility

CHAPLAIN (LT. COL.) JAMES FRYER

325th Brigade Support Battalion
3rd Bde. Combat Team
25th Infantry Division

Dr. Tim Kimmel wrote in the humorous family book “Little House on the Freeway”:

“God wants us to enjoy genuine rest, not just the ‘good night’s sleep’ kind of rest that satisfies the body, but an internal rest that bathes the soul in contentment.”

That rest comes to us in connection with a personal relationship with God.

The ancient Hebrew Psalms of the Old Testament describe just such a state of mind from the words of David, the King of Israel (circa 1,000 B.C.). David

wrote many Psalms, including Psalm 131, which is a part of a collection of the Psalms known as the “Songs of Ascents” or “Pilgrim Songs.”

It is well-believed the songs were sung by early worshippers as they traveled the road up to Jerusalem to worship during the pilgrim festivals, or ascended the stairs at the temple in Jerusalem.

The tranquil Psalm reflects the heart of King David, who speaks of the humble state of mind he had while in the presence of God in worship. He speaks of not being sinfully proud and of a contented heart, just as a child is characterized when he has been weaned from his mother and is at rest, leaning against



Fryer

her chest.

Psalm 131:2 explains:

*“Surely I have composed and quieted my soul;
Like a weaned child rests against his mother;
my soul is like a weaned child within me.”*

Furthermore, this verse expresses the king’s heavenward focus of life; literally, he had “yielded or counterbalanced himself.” He was spiritually at rest within his soul. Just as a baby who has finished feeding from his mother and is completely content, the world is at rest; he is calm as his hunger needs are met. Thus, the psalmist can say that he has calmed and quieted his soul.

It is no wonder this Psalm was selected as a Psalm of ascent for the believers on their pilgrimage to Jerusalem. Several times this “quieting of the soul”

in a spiritual rest is found in the ancient Psalms. The wording is used to describe the believer being still before the Lord in a God-ward focused meditation (as in Psalm 4:4). We are to rest and wait patiently for God (as in Psalm 37:7).

From the historic days of King David to the New Testament era, the Bible offers words of rest for the soul of man. The words of Jesus, who lived more than 1,000 years after David, calls all who are receptive to the voice of God to see him as the source of genuine rest for the harassed heart and mind:

*“Come to me all you who labor and are heavy laden,
and I will give you rest.
Take my yoke upon you
and learn from me,
for I am gentle and lowly in heart,
and you will find rest for your souls”
(Matt. 11:28-29).*

Voices of Ohana

Spring officially has sprung.

“What is the first project on your spring-cleaning list?”

Photos by 94th Army Air and Missile Defense Command Public Affairs



“Get rid of unwanted items.”

Sgt. Maj. Federico Abreu
Supply senior enlisted leader,
8th TSC



“Organize my clothes.”

Spc. Chastoni Jones
Supply specialist,
94th AAMDC



“I need to clean the car and trunk; there’s lots of sand in there.”

1st Lt. Mark Lennox
Executive officer,
HHB, 94th AAMDC



“First thing is the garage, so I can transport some things from the house into there.”

Pfc. Ronney Magee
HR specialist,
94th AAMDC



“My yard; got to make sure everything looks nice.”

Maj. Scott Stephenson
Logistics planner,
94th AAMDC

Online ToolBox offers leaders a gateway of resources

U.S. ARMY FORCES COMMAND
Army News Service

FORT BRAGG, N.C. — U.S. Army Forces Command (FORSCOM) unveiled its Leader Development ToolBox, an online resource for leaders across all Army components and cohorts, March 12.

The site connects leader-development expertise across the Army while benefiting from the participation of and contributions by military and civilian leaders Armywide.

The ToolBox website links the institutional Army to the operational Army, providing leadership news, practical tools and best practices across the Total Army Force.

“It is imperative that we get leader development right,” said Gen. Daniel B. Allyn, commander, U.S. Army Forces Command. “We must develop and retain our very best leaders who are convinced the Army profession is the most worthwhile endeavor in which they will engage.”

The ToolBox is the latest in the Army’s leader-development initiatives. The secretary, chief of staff and sergeant major of the Army approved the Army Leader Development Strategy in June 2013. It codifies the Army senior leaders’ vision and strategy for leader development of all Army professionals through lifelong training, education and experiences acquired through opportunities in the operational, institutional and self-development areas — part of the chief of staff’s ongoing strategic priority: “Adaptive Army Leaders for a Complex World.”

“Leader development is an essential comple-



Bob Harrison, U.S. Army Forces Command

Gen. Daniel Allyn, commander, FORSCOM, speaks with Soldiers during a recent roundtable discussion.

ment to training and is critical to ensure the total Army can successfully adapt to future challenges,” said Col. Brett G. Sylvia, FORSCOM G3/5/7 leader development.

Forces Command developed the ToolBox dur-

ing the past 90 days with a collaborative team of leaders from the Army National Guard, U.S. Army Reserve Command, FORSCOM staff and other professionals focused on gathering useful resources for Army leaders of all ranks.

The ToolBox is an aggregator of resources where other units throughout the command and the Army may contribute to the ToolBox, either directly or through the corresponding sites at their division, corps or organization. As the community of interest gets more involved in the content, the content becomes more useful and more applicable to the community.

“The Leader Development ToolBox is an enabler to leaders out in the force, as they build their individual leader development programs,” said Chief Warrant Officer 5 James M. Israel, FORSCOM G3/5/7 Leader Development Office. “It is the beginning of the establishment of a single entry point to the vast array of leader development resources across the Web.”

Through the Army Leader Development Strategy, Army units are sharing a renewed commitment and emphasis to the Army profession and lifelong learning. The strategy balances the three components of leader development: training, education and experience.

While redirecting FORSCOM’s mission focus to regionally aligned forces prepared to conduct unified land operations, the Army must help close capability gaps by building resilient and adaptive leaders. In this capacity, it is well nested with the Army Mission Command strategy.

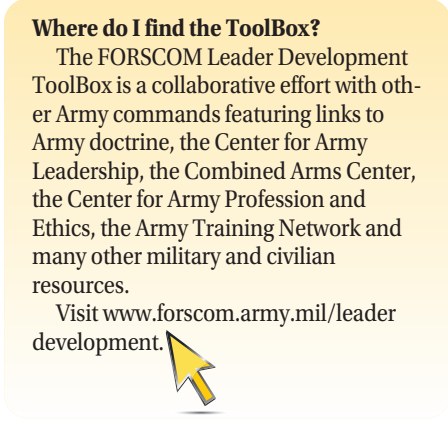
“Mutual trust and understanding inherent to leader development provide the foundation to instill the Mission Command philosophy across our formations,” said Col. Peter B. Edmonds, FORSCOM leader development. “Critical to this process are strong, mutually interdependent relationships between leaders and supervisors and their subordinates.”

Leader development is a long-term, progressive process that combines training, education and experience to prepare our leaders for the demands of future assignments. It includes a series of challenging assignments and broadening experiences, career-long self-development and professional military/civilian education that provides the knowledge and experiences to prepare leaders for positions of increasing responsibility.

Where do I find the ToolBox?

The FORSCOM Leader Development ToolBox is a collaborative effort with other Army commands featuring links to Army doctrine, the Center for Army Leadership, the Combined Arms Center, the Center for Army Profession and Ethics, the Army Training Network and many other military and civilian resources.

Visit www.forscom.army.mil/leaderdevelopment.



National Defense Authorization Act brings changes to UCMJ

DAVID VERGUN
Army News Service

The National Defense Authorization Act (NDAA) passed in December requires sweeping changes to the Uniform Code of Military Justice, particularly in cases of rape and sexual assault.

“These are the most changes to the Manual for Courts-Martial that we’ve seen since a full committee studied it decades ago,” said Lt. Col. John L. Kiel Jr., policy branch chief, Army’s Criminal Law Division in the Office of the Judge Advocate General.

Key provisions of the UCMJ that were rewritten under the NDAA for Fiscal Year 2014 — signed Dec. 26, 2013, by President Barack Obama — are Articles 32, 60, 120 and 125.

●**Article 32.** The law now requires the services to have judge advocates serve as Article 32 investigating officers. Previously, the Army was the only service in which judge advocates routinely did not serve as Article 32 investigating officers.

Article 32 hearings are held to determine if there’s enough evidence to warrant a general court-martial, the most serious type of court-martial used for felony-level offenses such as rape and murder.

Congress decided that the services needed to have trained lawyers, judge advo-

cates, consider the evidence, since in their view, trained lawyers often are in the best position to make determinations to go forward with general courts-martial, Kiel said.

●**Article 60.** Like Article 32 changes, modifications to Article 60 are to be phased in over the course of 12 months. Article 60 involves pretrial agreements and actions by the convening authority in modifying or setting aside findings of a case or reducing sentencing. A convening authority could do that in the past, and some did, though rarely.

In the new law, legislators said the convening authority can no longer adjust any findings of guilt for felony offenses where the sentence is longer than six months or contains a discharge. They cannot change findings for any sex crime, irrespective of sentencing time.

●**Articles 120 and 125.** The UCMJ’s Articles 120 and 125 now have mandatory minimum punishments: dishonorable discharge

for enlisted service members and dismissal for officers, Kiel said.

Article 120 deals with rape and sexual assault upon adults or children and other sex crimes, and Article 125 deals with forcible sodomy.

Congress highly encouraged the services not to dispose of sexual assault cases with adverse administrative action or an Article 15. Rather, Kiel said, Congress desires those cases to be tried at a general court-martial and has mandated that all sexual assault and rape cases be tried only by general court-martial.

●**What’s Ahead.** Congress could make even more changes that address sexual assaults in the military as early as this month, Kiel said. And later this year, changes to the Manual for Courts-Martial should be signed by the president after review by the services, the national security staff, the Defense Department and other agencies, he added. The updated manual would codify all the changes, although some already are in effect, Kiel said.



Air Force Staff Sgt. Nicholas Rau

Sweeping changes to the Manual for Courts-Martial have been brought about by the National Defense Authorization Act.

Jobs: Army using scientific approach to determine mix of brains & brawn

CONTINUED FROM A-1

some of the physical demands of their cannon crew members, if necessary.

The standards include performing land navigation tasks over a distance of up to five miles, qualifying with an assigned weapon, lifting 90- to 100-pound projectiles to waist level and transporting them 20-30 meters wearing 18 pounds above the basic uniform, completing combatives and field training exercises, operating a howitzer and partnering with a Soldier to lift 204 pounds to the waist level.

The Army of the future will require more mental agility, teamwork and resilience from all Soldiers, regardless of gender, Sheimo said.

“Army senior leaders will continue to ensure all leaders and Soldiers have opportunities to maximize their potential and are postured for success through viable career paths,” she said.

The Army is scientifically evaluating the phys-

ical and mental requirements of its jobs, or military occupational specialties, according to Training and Doctrine Command (TRADOC), the Army’s lead for verifying the occupational physical performance requirements for each job.

“The combat readiness of our Army must remain the first priority,” said Gen. Robert W. Cone, commander, TRADOC. “While this integration requires a well-thought out approach, I am confident we can do this right and improve the total force.”

Standards are not being lowered, according to Cone, but, rather, the Army is scientifically determining the physical performance demands for Soldiers to perform the physically demanding tasks of their occupations.

“As the TRADOC commander, I can’t lower organizational performance. Our hard-earned reputation is combat-ready formations,” Cone said. “We can make this a better Army by uniformly imposing these valid standards across the board.”

MOH: Copas fought to save comrades

CONTINUED FROM A-1

injured, Copas continued to return fire, repelling the enemy and holding his post so that his fellow Soldiers could be evacuated.

He died in action May 12, 1970, and was posthumously promoted to sergeant.

Shyrell Jean Copas accepted the MOH from Obama on behalf of her late father. In addition to the military’s highest award, Sgt. Copas’ decorations include the Bronze Star with Oak Leaf Cluster and the Republic of Vietnam Gallantry Cross with Palm Device

“Ladies and gentlemen, it is very rare where we have the opportunity to reflect on the extraordinary courage and patriotism of such a remarkable collection of men,” Obama concluded. “We are so grateful to them, we are so grateful to their families. It makes us proud and it makes us inspired.”

(Editor’s note: USAG-Hawaii Public Affairs, Sgt. Matthew G. Ryan, 25th Infantry Division Public Affairs, and J.D. Leipold, Army News Service, contributed to this story.)



Shyrell Jean Copas accepts the Medal of Honor on behalf of her late father, Spc. 4 Ardie Copas, from President Barack Obama during a ceremony at the White House, March 18.

Waterborne warriors live-fire, engage targets at sea

Story and photo by
STAFF SGT. RICHARD SHERBA
8th Military Police Brigade Public Affairs
8th Theater Sustainment Command

JOINT BASE PEARL HARBOR-HICKAM — Well before sunrise, March 14, silhouettes of Soldiers gathered and moved with a sense of purpose in preparation of a much-anticipated, live-fire gunnery exercise.

At first glance, it’s a typical scene: Soldiers moving about actively engaged and the air filling with the sounds of orders given and received.

However, as the 163rd Transportation Detachment, 545th Trans. Company, 45th Special Troops Battalion, 8th Military Police Brigade, 8th Theater Sustainment Command, emerges from the silhouettes, it doesn’t take long to realize that these aren’t your typical Soldiers.

This group is the crew of Logistic Support Vessel-2 (LSV-2) USAV CW3 Harold C. Clinger, and these Soldiers are mariners with a unique, specialized skill set and job perhaps not known to many in and outside of the Army.

“When you go to the field, it’s green; when we go to the field, it’s blue,” said Chief Warrant Officer 4 Francis Lloyd, commander, 163rd Trans. Det. and master LSV-2 and LSV-4 Lt. Gen. William B. Bunker.

And just like the vessel master said, it was blue — blue for miles and miles, blue for hours and hours, as the LSV-2 made its passage en route to the naval wet range site to conduct a live-fire, waterborne gunnery exercise.

Lloyd explained the intent of the training exercise was to familiarize the crew with firing from vessel-mounted, crew-served weapon posi-

tions at sea.

“It’s challenging because the vessel is pitching and yawing as (gunners) are engaging the target. We’re also turning to make sure the proper side of the vessel is facing the target,” said Lloyd.

Spc. Ralphaul Bell, basic engineman, manned an M249 squad automatic weapon during the live-fire range.

“It was actually pretty fun. We had our battalion commander and command sergeant major, as well as our company commander and first sergeant for the training,” said Bell. “The last time I have done training like this is when I was deployed to Kuwait. I love this type of training.”

LSV-2 has a fast-paced training atmosphere, said Bell.

“You never know when you’re going to be deployed. You have to be ready to go, and you have to have Soldiers ready to go on these weapon systems,” said Bell. “If you train all lackadaisical and nonchalant, then when you deploy, you’re going to do the same thing. That’s why no matter what we’re doing on this vessel, we go all-out and full speed. I love doing this job, and I wouldn’t change jobs for the world.”

Pfc. Derek Evans, food service specialist, manned an M2 .50 caliber machine gun during the exercise.



A 50 caliber machine gun team from the 163rd Trans. Det., engages targets during a live-fire waterborne gunnery exercise aboard the USAV CW3 Harold C. Clinger, March 14.

“I really enjoyed it; you don’t get the chance to do a live-fire training exercise often. We have trained on and learned all these weapon systems, but now I really have an actual feel to it, in this type of environment,” said Evans.

While returning to its home berth, Lt. Col. Don Fagnan, commander, 45th STB, reflected on his

Soldiers’ performance, noting they have the ability to defend the vessel in case of an attack.

“The live-fire definitely built confidence,” said Fagnan. “There were a lot of great gunners out there today, shooting with the vessel, moving back and forth with the waves and putting rounds on target.”



MPs of the 29th BSTB, HIANG, stop Capt. Samuel Cosimano (left), Supt. Bn., 196th Inf. Bde., at a traffic control point. Cosimano was role playing as a “local national” during the first live test of the JPMRC-IS, March 8. The exercise employed MILES gear to trap and funnel data for analysis.

196th Inf. Bde conducts JPMRC small unit assessment

Story and photos by
MAJ. ANDREW K. VISSER
196th Infantry Brigade

SCHOFIELD BARRACKS — The 196th Infantry Brigade (Training Support) took another important step towards validating the Joint Pacific Multi-national Readiness Capability (JPMRC) concept, March 7-9, by conducting the first live test of the JPMRC Instrumentation System (JPMRC-IS).

The JPMRC consists of a deployable package of personnel and equipment designed to support Army, joint and multinational training exercises across the Pacific theater.

This live test allowed the 196th to provide training support to the Military Police platoon assigned to the 29th Bde. Special Troops Battalion (BSTB), Hawaii Army National Guard.

“We were fortunate to be able to leverage our existing partnership with the Hawaii Guard and to identify an opportunity to exercise the Instrumentation System in a manner that was mutually beneficial,” said Col. Michael

Forsyth, commander, 196th Inf. Bde.

The JPMRC-IS allows the 196th’s observer-controller/trainers to track Soldiers and vehicles using the Multiple Integrated Laser Engagement System (MILES), to monitor voice and digital communications and to record live audio and video of the training event. This data is funneled through a computerized tactical analysis facility (TAF), where analysts assess the unit’s performance and assemble after-action reviews (AAR).

Using the recorded multimedia content gives the training audience a comprehensive look at itself to make suggestions for sustaining best practices and improving in weaker areas.

The first full test of the JPMRC-IS is scheduled for this summer when a battalion from the 25th Inf. Division will participate in the first unit assessment. However, the complexity of the system made it necessary to conduct a smaller-scale test in order to identify and correct technical or organizational issues, said Forsyth.

The small unit assessment began March 7, as the MPs mustered at their Barbers Point armory to receive a mission brief and begin preparing for the next day’s mission. During this time, Soldiers and civilian contractors brought the Instrumentation System online to perform system checks and soon had to address a significant technical issue, as the microwave towers used to transmit video, voice and digital data from the training area to the TAF inexplicably went offline.

By morning, March 8, JPMRC-IS technicians had developed a backup data link, bringing the most critical capabilities back online while the MP platoon was outfitted with MILES.

“We prioritized data streams and gradually re-established our ability to track the training unit’s movement, actions and communications in real time,” said Maj. Thomas Harris, brigade operations officer.

The formal AAR was held March 9 at the 29th Bde. Combat Team headquarters.



(From right) Sgt. 1st Class William Fritzinger and Sgt. 1st Class Donnie Grogan, observer-controller/trainers, 1st Bn., 196th Inf. Bde., conduct a “hot-wash” with MPs of the 29th BSTB, HIANG.

Maj. Sean Baxter, executive officer, 29th BSTB, said that he appreciated the flexibility of the AAR format and the detail and quality of the training feedback.

“I haven’t seen that level of fidelity in

AARs outside of actual combat training centers,” said Baxter. “This capability is a great addition to our home station training.”

(Editor’s note: Visser is the executive officer for the 196th Inf. Bde.)

Taxpayers can learn 7 IRS facts about exemptions

INTERNAL REVENUE SERVICE
News Release

There are a few tax rules that affect everyone who files a federal income tax return. These rules include policy for dependents and exemptions.

The IRS has seven facts on these rules to help you file your taxes.

1. Exemptions cut income. There are two types of exemptions: personal exemptions and exemptions for dependents. You can usually deduct \$3,900 for each exemption you claim on your 2013 tax return.

2. Personal exemptions. You can usually claim an exemption for yourself. If you're married and file a joint return, you can also claim one for your spouse. If you file a separate return, you can claim an exemption for your spouse only if your spouse had no gross income, is not filing a return and was not the dependent of another taxpayer.

3. Exemptions for dependents. You can usually claim an exemption for each of your depen-

dents. A dependent is either your child or a relative that meets certain tests. You can't claim your spouse as a dependent.

You must list the Social Security number of each dependent you claim. See IRS Publication 501, "Exemptions, Standard Deduction, and Filing Information," for rules that apply to people who don't have an SSN.

4. Some people don't qualify. You generally may not claim married persons as dependents if they file a joint return with their spouse. There are some exceptions to this rule.

5. Dependents may have to file. People that you can claim as your dependent may have to file their own federal tax return. This rule depends on many things, including the amount of their income, their marital status and if they owe certain taxes.

6. No exemption on dependent's return. If you can claim a person as a dependent, that person can't claim a personal exemption on his or her own tax return. This policy is true even if you don't actually claim that person as a dependent


on your tax return.

7. Exemption phase-out. The \$3,900 per exemption is subject to income limits. This rule may reduce or eliminate the amount depending on your income. See Publication 501 for details.

Resources

Make an appointment to complete your taxes at 655-1040. Note, some tax issues are beyond the scope of the U.S. Army Hawaii Tax Assistance Center, Trailer #1, Grimes Street, Schofield Barracks.

Call 800-TAX-FORM (800-829-3676) for information from IRS. Use the Interactive Tax Assistant, find out if a person qualifies as your dependent and get Publication 501, and more details, at IRS.gov.





NEWS Briefs



Send announcements for Soldiers and civilian employees to news@hawaiiarmyweekly.com.

Today

Mail Call — Schofield's Official Mail and Distribution Center, Bldg. 2038, currently has an abbreviated weekday schedule of operation, 10 a.m.-noon, until March 26.

27 / Thursday

Virtual GSA — Personal Property Management hosts a virtual training session on the Exchange Sales Authority to examine how Army commands can recoup proceeds from sales of government personal property and use those funds to reduce the cost of procuring replacement property, 7 a.m., local time.

Participants receive one Continuous Learning Point. Register at <https://interact.gsa.gov/gsa-event/virtual-personal-property-training-exchange-sales-authority-army-only>.

Patient Advice — The Schofield Barracks

Health Clinic Patient Advisory Board wants to hear recommendations from military and civilian beneficiaries, 9 a.m., Bldg. 683:

- About access to care;
- Care provided during visit; and
- Follow-up, to include the referral process.

Call 433-8509.

31 / Monday

EEO on the Go — The Schofield Barracks Equal Employment Opportunity office moves to Fort Shafter, Bldg. S-330, Rm. 101. The new phone is 438-4962.

April


16 / Wednesday

Talkin' 'Bout My Generation — The Honolulu-Pacific Federal Executive Board hosts Sharon Senecal in a two-hour presentation of the "Four Generations in the Workplace," 1 p.m., Aliamanu Military Reservation Chapel, 1790 Bougainvillea Loop. Visit www.honolulu-pacific.feb.gov to register.

26 / Saturday

Take it Back! — The Army Substance Abuse Program conducts its annual National Take Back Initiative, 10 a.m.-2 p.m. Anyone may turn in unwanted, over-the-counter and prescription medications to be disposed of properly. Call 541-1930.

Traffic Report



Traffic Report lists roadwork, detours, noise and other advisories received by press time from Army and Hawaii Department of Transportation (HDOT) sources.

For an up-to-date listing of Army traffic advisories, visit www.garrison.hawaii.army.mil/info/trafficalendar.htm.

Phone numbers are area code 808.

Today

ARC Flood App — Sunday, the American Red Cross announced its new Flood App to help save lives and reduce losses from floods. This free app gives users instant access to local and real-time information, so they know what to do before, during and after a flood.

The app includes location-based, audible flood and flash flood watches and warnings. Visit www.redcross.org/mobileapps.

24 / Monday


Vintage Road — This week HDOT begins to resurface 10.5 lane miles of Vineyard Boulevard from Palama Street to the H-1 Freeway on-ramp. Major improvements are required to ex-

tend the service life of the existing roadway, enhance safety and improve the riding surface.

Lane closures are mostly daytime but include some nighttime work and ramp closures. Closure times will begin as early as 8:30 a.m. and finish by 3:30 p.m. Some ramps will be closed on weekends during different times.

Motorists will now be advised to use Nimitz Highway and Dillingham Boulevard, whenever possible. Visit hidot.hawaii.gov.

Quad D-Tour — The last phase of construction work begins behind Quad D's Bldg. 449, Schofield Barracks. During this time, one lane on Waianae will be closed weekdays, 8:30 a.m.-2:30 p.m., until May 23.



31 / Monday

Sgt. Parks lot — The parking lot east of the credit union on Schofield's Sargent Road will close to construct a new parking lot. A portion of the sidewalk on the access road from Sargent towards the clinic area will also be repaved.

Repaving will be performed on Saturdays. The work is expected to be complete by June 31.



Sarah Pacheco, Hawaii Army Weekly

Kawika Au (right) helps Army spouse Jessica Reyes and son Isaac weave a lei using ti leaves during a Hawaiian cultural class at Porter Community Center, March 13. (Photo has been altered from its original form; background elements have been removed/enhanced.)

IPC Hawaiian classes embrace cultural awareness

SARAH PACHECO
Staff Writer

SCHOFIELD BARRACKS — Island Palm Communities (IPC) organizers are reaching out to Soldiers and families to offer their residents hands-on learning about traditional elements of Hawaiian culture.

“People coming here don’t quite understand the Hawaiian culture and how certain things mean certain things,” said Sheryl Ferido, community services manager, IPC. “You’re here in Hawai’i for at least three years, some families even longer, so you might as well get familiar with the local people, the traditions, the culture, just the way of life and enjoy it.”

Instead of Soldiers and families experiencing their Hawaii stay without important cultural exchanges, IPC is offering learning opportunities in lei-making, coconut weaving, nose flutes and Native Hawaiian tattoos.

Sequestration and budget cuts last year forced the cancellation of garrison-funded cultural classes.

“Our director, Tom Adams, wanted the culture of Hawai’i to be available to our residents, so we went ahead and picked up the bill. It was that important for IPC to continue the classes,” Ferido explained.

Cultural practitioner Kawika Au heads lessons in Hawaiian crafts and traditions several times each month out of IPC’s community centers on Aliamanu Military Reservation, Fort Shafter and here.

“I try to share different crafts and a make-and-take opportunity,

at no cost to the person, and then I try to throw in a Hawaiian value and interact with them and talk to them about Hawaiian culture or about the Hawaiian community that they’ve moved into,” said Au, who himself grew up an “Air Force brat,” traveling around the country with his family from a very young age.

“I know about going to different places and trying to get involved with the host culture and host community,” Au said. “And with Hawai’i, the host culture is so unique and so friendly and outgoing; however, a lot of people don’t get to experience that because they don’t go off post or just go to Waikiki.”

Each class is different. As Au said, he brings a loose plan and supplies for a specific project — flowers for lei-making, lauhalala leaves for bracelet-weaving, etc., but often lets the interests and queries of participants determine where the conversation will go.

“I’ll talk to them about anything — sights around the island, general history, that kind of stuff,” Au said, “and one of the most impressive things that I hear from people stationed here is that, wherever they go, they immerse themselves in the culture.”

“We’re pretty open-minded people and try to make the best of wherever we’re at,” agreed Jessica Reyes, who attended a recent ti leaf lei-making class with her son, Isaac, who will turn 2 years old next month.

Her husband is Staff Sgt. Steven Reyes of Headquarters Support Company, Headquarters and Headquarters Battalion,



Hawaiian cultural classes held at IPC locations focus on multiple traditional activities, including the art of lei-making.



Photos courtesy Island Palm Communities

A child weaves a lauhalala bracelet during a recent Hawaiian cultural class.

25th Infantry Division.

“We have been here for a little more than a month,” Reyes added. “We’re very new to the island, so we just want to get out there and see what’s out there and explore the Hawaiian culture.”

These classes are just one example of the garrison’s continued commitment in supporting the objectives of the Native Hawaiian Covenant.

Signed in 2010 between the Army and members of the Native Hawaiian community, the covenant’s goal is to forge “a stronger relation-

Hawaiian Cultural Classes

Island Palm Communities provides monthly Hawaiian Cultural Classes at no cost to Soldiers and families who live in both North and South IPC communities.

Classes are held at 4 p.m. on the following days and locations:

- Every 1st Wednesday, Fort Shafter Community Center;
- Every 1st Thursday, Kaena Community Center, Schofield Barracks;
- Every 2nd and 4th Thursday, Porter Community Center, Schofield Barracks; and
- Every 4th Monday, Aliamanu Community Center.

Instruction for the month of April will be on how to make and play a ‘ohe hano ihu, or Hawaiian nose flute.

To reserve a space, email your name and the number of people attending to RSVP@IPCHawaii.com.

ship of cooperation, appreciation and understanding of Hawai’i’s native culture and resources, as well as the Army’s role in Hawai’i and the inclusiveness of its Soldiers in the local communities.”

“I think it’s important for us to be here so that we can show not only that the culture is still alive and thriving and that we’re still doing the things that my ancestors did, but that we’re more than willing to welcome others into it and let them participate with us,” Au said.

“There’s just so much to learn,” added Reyes. “We’re going to be here for at least three years, so we’d really like to learn more and embrace it while we can.” ✨

Spring break generates fond memories, totally

“Don’t crush the groceries!” I yelled, as my teenage son smashed the car top carrier lid closed.

With everything for our family spring break trip packed, we piled into our salt-hazed minivan and hit the road.

I wondered if all this rigmarole was worth it for a few days of so-called vacation. I’d worked myself into a pre-trip frenzy, making lists, doing laundry, kenneling the dog, getting the oil changed, packing, double checking and packing some more. All this hassle just to spend military leave time stuffing ourselves like sardines into our minivan for 11 long hours.

And once we get there, we’ll be unpacking, making beds, cooking, cleaning and managing the kids just like we always do. Same work, different location. Is Spring Break really worth all



THE MEAT & POTATOES OF LIFE

LISA SMITH MOLINARI
Contributing Writer

this hassle?

As we passed through the Naval Station Newport base gate and headed south, I recalled an easier time. It was 1986, and I had used my new credit card to buy a Spring Break trip with my college roommates. I was broke, but all those Citibank sign up ads around campus promised a \$1,000 credit limit, and all I had to do was pay a little bit off each month. Wow, what a great deal! I thought in my youthful ignorance.

After curling our bangs, my roommates and

I boarded a bus, chartered by Sigma Epsilon Fraternity, and headed from chilly Ohio to sunny Daytona Beach, Fla. The frat brothers thoughtfully included a six-pack of Little Kings Cream Ale in the trip package price, just in case the passengers got thirsty on the 14-hour ride south.

“Ohmigod,” my roommate exclaimed halfway through Tennessee. “Like, I totally can’t find Lisa anywhere! No way!”

They didn’t know that I’d crawled up in the overhead luggage compartment to sleep off those Little Kings.

On the day of our arrival, I promptly burned myself to a crisp laying out on the beach. Later, at a Bud Light Belly Flop Contest at the motel pool, I tried to hide the pain, sipping wine coolers with my roommates while dancing to “I’ll Stop the World and Melt with You,” a la Molly Ringwald in “The Breakfast Club,” in our



Photo courtesy Lisa Smith Molinari

The author shares a throwback photo of The Bud Light Belly Flop Contest she attended at the Sea Dip Motel pool in the spring of 1986.



Briefs

Today

Tropics Band Madness — Every Friday in March, two bands will perform, and the winner will be announced on the last Friday of the month. All types of music welcome. Sign up at SB Tropics. Call 655-5698.

22 / Saturday

Mountain Biking — Register with the Outdoor Recreation Center and explore great beach locations along the scenic North Shore bike path, Saturday, March 22. Enjoy this mild biking activity for all ages, or challenge yourself with biking through the Wainanae and Koolau ranges. Costs \$25 with a bike; use an Outdoor Rec bike for \$30. Open to ages 10+. Call 655-0143.

SKIES Hula Classes — Hula classes are offered as follows:
•AMR, 8:30 a.m., Saturdays;
•Schofield Hula 101, 9:15 a.m., 4 p.m. and 4:45 p.m.; and Intermediate, 5:30 p.m., Wednesdays.
Call 655-9818 for class availability or visit www.himwr.com.

23 / Sunday

Hale Ikena Sunday Brunch — FS Mulligan’s Bar & Grill hosts from 10 a.m.-1 p.m. Call 438-1974.

FS Spring Break Festival — Hale Ikena hosts this spring break carnival, 1:30-3:30 p.m., March 23, that will include bounce houses, cotton candy and shaved ice. Popcorn and hot dogs available for purchase. Entry fee is \$12 adults, \$5 per child. Call 438-1974.

24 / Monday

FS Golf Sale — Nagorski Golf Course annual memorial sale lasts until March 31, with items of \$20 or more value discounted 20 percent. Sale does not apply to special orders. Call 438-9484.

Community Calendar

Send announcements a week prior to publication to community@hawaiiarmyweekly.com.

Today

Ikebana — Annual exhibition 3:30 p.m., today, Honolulu Hale (City Hall). Displays seven different styles of Japanese floral artistry and culture. Docents from various schools will be on hand throughout the exhibition. Free admission.

Online Academic Support — Tudor.com is a DOD-funded resource that provides help in all core school subjects and is offered at no cost to grades K-12 students in U.S. military families.

Kunia Orchid Show — The 60th annual show is 9 a.m.-5 p.m., March 21-22, and 9 a.m.-4 p.m., March 23, at the Leilehua High School gym, Wahiawa. The show features 22 plant vendors along with Department of Agriculture specialists, as well as food booths.

22 / Saturday

Prince Kuhio Parade — This Waikiki parade, 9-11 a.m., honors those who perpetuate the Hawaiian culture and who enhance the welfare and well-being of the Native Hawaiian community and features numerous community organizations, halau hula, and marching units. Visit princekuhiofestival.org.

Great Rubber Duckie Race — This 27th annual event fun begins at McCully Shopping Center at 9 a.m. with pre-race festivities. At exactly 1:27 p.m., 20,000 toy duckies will race down the Ala Wai Canal with the top

FORD ISLAND BRIDGE RUN



Photo courtesy Joint Base Pearl Harbor-Hickam Family and Morale, Welfare and Recreation Marketing

JOINT BASE PEARL HARBOR-HICKAM — The entry deadline is today, March 21, for the April 5 Ford Island Bridge Run. The race is for casual and serious walkers, and serious and recreational runners. It offers a course around historic Ford Island. Race fee is \$20 for military and family members, with a late entry fee after March 21 of \$30. Above, more than 3,000 runners begin the 2013 run over the Admiral “Chick” Clarey Bridge. To register for 2014, visit <https://endurance.cui.active.com/event-reg/select-race?e=5571552> or call 473-0784/2494/2437.

Workweek Lunch — SB Kolekole Bar & Grill (655-4466) and FS Mulligan’s Bar & Grill (438-1974) offer daily lunch, 11 a.m.-1 p.m. Enjoy buffet-style or menu items.

Pau Hana Social Hour — SB Kolekole Bar & Grill hosts an after-work fun time, 4:30-6:30 p.m., Monday-Wednesday, and 4-6 p.m., Thursday-Friday. Enjoy discounted appetizers and domestic draft beverages. Call 655-4466.

Mongolian Barbecue — Select your favorites from a large variety of meats and vegetables, 5 p.m., every Monday at SB Kolekole Bar & Grill, and grilling will be to your liking. Cost is 65 cents for each ounce. Call 655-4466.

25 / Tuesday

Bling My Cell — Show off your cell phone to see who has the most “bling,” every Tuesday in March, at SB Tropics. Call 655-5698.

Taco Tuesday Night — SB Kolekole Bar & Grill offers three tacos,

rice and beans specials for \$4.99. Call 655-4466.

26 / Wednesday

BOSS Meetings — Single Soldiers and geographic bachelors are invited to Better Opportunities for Single Soldiers meetings every Wednesday to discuss community service projects and fun upcoming programs. Call Spc. Jennifer Coggins, BOSS president, 655-1130. Attend these meetings:
•North meetings, 3 p.m., 1st and 3rd Wednesday, SB Tropics Warrior Zone.
•South meetings, 10 a.m., 2nd and 4th Wednesdays, FS Bowling Center.

Sgt. Yano Library — Rubber band bracelet-making session runs from 3-5 p.m., for ages 8 and older. Call 655-8002.

Manga Club — Teens are invited to discuss anything Manga, fan art and anime, 3 p.m., at SB Sgt Yano Library. Manga Club now meets twice a month on the second and fourth

Wednesdays. Call 655-8002.

Keiki Night — Every Wednesday night is Keiki Night, 5-8 p.m., at SB Kolekole Bar & Grill (655-4466) and FS Mulligan’s Bar & Grill (438-1974). Kids younger than 10 years eat for a special price from the keiki menu.

27 / Thursday

Mom & Tots Crafts — Parents and keiki can make a creative project together, 10-11 a.m., Thursdays, during March at the SB Arts & Crafts Center. Class is \$5. Call 655-4202.

Clay Hand Building Workshop — SB Arts and Crafts Center experts offer basic instruction with coil, pinch pot and slab construction, 1-3 p.m., Thursdays, during March. First class is \$25; additional classes \$5 and include supplies. Call 655-4202 for pre-registration.

Leilehua Thursdays — Join Chef Devin Lee, 4:30-7:30 p.m., every Thursday, at Leilehua’s driving range for hot dogs and burgers. Menu items cost \$3-\$4. Call 655-7131.

ST. PATRICK’S DAY



Courtesy photo

WAIKIKI — TM1 Roses Cheerleaders with Child, Youth and School Services; Directorate of Family and Morale, Welfare and Recreation; U.S. Army Garrison-Hawaii, march in the annual St. Patrick’s Day Parade, here, Monday. Pictured, above, from left, are Skyler Petre, Abby Cobb, Haylee Nunez, Lacey Hunt, Angel Rose, Taylor Wilson, Charlie Wilson and Phyllis Wilson.

50 finishers winning their adopted owners great prizes. Benefits the United Cerebral Palsy Association of Hawaii. Visit www.ucpahi.org.

Waikiki Aquarium — Discounted admission of \$1.10 celebrates the 110th anniversary and features prize giveaways and live entertainment that includes a LEGO aquarium built by the LEGO Enthusiast Association of Hawaii and a historical look back at the Aquarium’s past and future plans. Call 923-9741 or visit www.waikikiaquarium.org.

Jazz & Barbershop — Two orig-

inal American musical art forms featuring Jimmy Borges with DeShannon Higa’s big band and the Sounds of Aloha Chorus and quartets will perform two shows at 2:04 and 7:34 p.m. at the Hawaii Theatre. Order tickets at 528-0506 or www.hawaii theatre.com.

Bellows St. Patrick’s Glow Run — Bellows Air Force Station will host an evening fun run and family festival, with 6 p.m. check in. Provides entertainment continuing until 9 p.m. Runners should bring a headlamp or flashlight. Call 259-4112; no pre-

registration required.

23 / Sunday

AMR Chapel — Lent Reconciliation service is 6 p.m.

26 / Wednesday

Prince Kuhio Day — State holiday includes an annual lei-draping ceremony at 7:30 a.m., at the Prince Kuhio statue, Kuhio Beach, Waikiki. At 8:30 a.m., ceremonies move to the Royal Mausoleum, 2261 Nu’uanu Ave. Events are free and open to the public. Visit princekuhiofestival.org.

Worship Services

Additional religious services, children’s programs, educational services and contact information can be found at www.garrison.hawaii.army.mil. (Click on “Religious Support Office” under the “Directorates and Support Staff” menu.)

- AMR: Aliamanu Chapel
- FD: Fort DeRussy Chapel
- HMR: Helemano Chapel
- MPC: Main Post Chapel, Schofield Barracks
- PH: Aloha Jewish Chapel, Pearl Harbor
- SC: Soldiers’ Chapel, Schofield Barracks
- TAMC: Tripler Army Medical Center Chapel
- WAAF: Wheeler Army Airfield Chapel

Buddhist Services

- First Sunday, 1 p.m. at FD
- Fourth Sunday, 1 p.m. at MPC Annex

Catholic Mass

- Thursday, 9 a.m. at AMR
- Saturday, 5 p.m. at TAMC, WAAF
- Sunday services:
 - 8:30 a.m. at AMR
 - 10:30 a.m. at MPC Annex
 - 11 a.m. at TAMC
- Monday-Friday, 11:45 a.m. at MPC and 12 p.m.TAMC

Gospel Worship

- Sunday, noon. at MPC
- Sunday, 12:30 p.m. at AMR

Islamic Prayers and Study

- Friday, 1 p.m. at MPC Annex
- Friday, 2:30 p.m., TAMC
- Saturday and Sunday, 5:30 a.m.; 6, 7 and 8 p.m. at MPC Annex

Jewish Shabbat (Sabbath)

- Friday, 7:30 p.m. at PH

Pagan (Wicca)

- Friday, 7 p.m. at MPC Annex Room 232

Protestant Worship

- Sunday Services
 - 8:45 a.m. at MPC
 - 9 a.m., at FD, TAMC chapel
 - 10 a.m. at HMR
 - 10:30 a.m. at AMR
 - 10:45 a.m. at WAAF (Spanish language)
 - 11 a.m. at SC (Contemporary)
- Liturgical (Lutheran/Anglican)**
 - Sunday, 9 a.m. at WAAF

This Week at the MOVIES Sgt. Smith Theater

Call 624-2585 for movie listings or go to aafes.com under realtime movie listing.



Robocop 4

(PG-13)
Fri., March 21, 7 p.m.
Thurs., March 27, 7 p.m.

Pompeii

(PG-13)
Sat., March 22, 2 p.m.



Ride Along

(PG-13)
Sat., March 22, 6 p.m.

The Lego Movie

(PG)
Sun., March 23, 2 p.m.

No shows on Mondays, Tuesdays or Wednesdays.

Calendar abbreviations			
8th TSC: 8th Theater Sustainment Command	ASYMCA: Armed Services YMCA	Recreation	SKIES: Schools of Knowledge, Inspiration, Exploration and Skills
25th ID: 25th Infantry Division	BCT: Brigade Combat Team	FRG: Family Readiness Group	TAMC: Tripler Army Medical Center
ACS: Army Community Service	BSB: Brigade Support Battalion	FS: Fort Shafter	USAG-HI: U.S. Army Garrison-Hawaii
AFAP: Army Family Action Plan	Co.: Company	HMR: Helemano Military Reservation	USARPAC: U.S. Army-Pacific
AFTB: Army Family Team Building	CYSS: Child, Youth and School Services	IPC: Island Palm Communities	WAAF: Wheeler Army Airfield
AMR: Aliamanu Military Reservation	EFMP: Exceptional Family Member Program	PFC: Physical Fitness Center	
	FMWR: Family and Morale, Welfare and	SB: Schofield Barracks	

Partnership provides education support to schools

SCHOOL LIAISON OFFICE
Child, Youth and School Services
Directorate of Family and Morale, Welfare and Recreation, U.S. Army Garrison-Hawaii

SCHOFIELD BARRACKS — Hawaii Education Week concludes today at the state legislature rotunda by saluting military partnerships. U.S. Army Garrison-Hawaii’s School Liaison Office staff and some 25th Infantry Division and 8th Theater Sustainment Command Soldiers will share education experiences with the public as part of the legislature’s Military Appreciation Day.

The School Partnership Program will be featured with displays in the legislature rotunda from 8:30-11 a.m. Legislators and visitors will have the opportunity to learn more about the program from presenters and trifold displays of the program that has origins in the 1980s as the Army’s Partnership in Education.



Photo courtesy School Liaison Office

What is the School Partnership Program?
The School Partnership Program is a partnership between Hawaii public schools and the military. It was formally created by the Joint Venture Education Forum (JVEF) in 2001.

The purpose of the partnership is to build a stable and consistent relationship between the school and military communities. It’s a program that benefits both Soldiers and students. It includes not only the Army Partnership in Education program, but also school partnership programs of the other military services.

Having Army Soldiers present in the schools offers a sense of familiarity for Army students.

“Working with the children has been a complete joy that brings a smile to every Soldier’s face,” said Sgt. 1st Class Christopher Neher, Headquarters and Headquarters Battalion, 2nd

WAIANAE — Chief Warrant Officer 2 Glenn Butler and Lt. Col. Jeffrey Buck of 2-11th FA meet with Principal Emma Weiss and students to learn about Kamaile Academy’s garden during a recent school visit.

Battalion, 11th Field Artillery Regiment, 2nd Stryker Brigade Combat Team, 25th ID. “I think we as Soldiers are grateful to have the unique opportunity to facilitate such an awarding experience, and I personally can’t wait to do more sponsorship events in the future.”

Through the efforts of the late Senator Daniel K. Inouye, JVEF has received approximately \$2 million for the School Partnership Program to provide assistance to public schools that have unusually high concentrations of special needs (unique needs due to transition) military dependents enrolled. Schools that are impacted by military training are part of the program, too, to promote posi-

tive community relations and to provide an open venue for discussion.

“The sponsorship program is a phenomenal opportunity for Soldiers to interact, relate with and give back to the local community,” said Capt. Tony Thomas, commander, HHBN, 2-11th FA, 2nd SBCT, 25th ID.

The School Partnership Program and JVEF have helped approximately 152 public schools throughout Hawaii receive much-needed supplies and manpower. Currently, 52 schools and 35 Army units are actively engaged in the program. More than 650 Soldier volunteers have contributed more than 2,000 hours so far this school year.

Events Friday, March 21

The following events are happening Friday:

- 9 a.m.-12 noon, Friends of the Hawaii State Library Book Sale, State Capitol, Room 225.
- 8:30-11 a.m, Military Appreciation in the schools, demonstrations, performances and displays, in Capitol Rotunda.

“Through the unit’s sponsorship, our Soldiers have developed personal bonds with community members, built on the understanding of the military and military presence on Oahu, and devoted themselves to community service,” Thomas added.

Soldiers volunteer their time to assist schools with needed repair and maintenance. Projects include campus beautification, installation of basketball hoops and other equipment and repair of playgrounds. In addition to providing labor, Soldiers are invited to participate in educational activities, such as tutoring, mentoring and career days.

The schools and students greatly benefit from this program.

“We are very fortunate to have a partnership with the 2-35th Infantry (Regiment, 3rd BCT, 25th ID),” said Ernest Muh, principal, Helemano Elementary School. “Their willingness to support our students and teachers has had a positive impact on our school.”

The Army has a history of partnering with the Hawaii State Department of Education to provide additional services to its public schools with a goal of providing value to the both the military and school communities.

Tripler’s four-legged helper earns Red Cross ‘hero’ award

SPC. PAXTON BUSCH
Pacific Regional Medical Command

HONOLULU — The 2014 Hero of the Year for the Hawaii State Chapter of the American Red Cross Association weighs 50 pounds, has golden fur, stands on four legs and loves to interact with the patients of Tripler Army Medical Center.

Bailey, an 8-year-old golden retriever, received the annual award on March 8, at the Waikiki Beach Resort and Spa.

Bailey is part of a special program, run through Tripler, called the Human Animal Bond Program, where she is not quite certified as a therapy dog, but still wags her tail at the opportunity to help others.

Melvin and Arlene Miyamoto adopted Bailey when she was just a puppy, and together as a family they have melted the hearts of patients throughout the hospital.

“She loves to go to the center for the aging. We’ve gone there for about four years now, and she has made a lot of friends there,” said Melvin, “but I know she loves the hospital in general and the people that she meets there.”

The Miyamoto family has been visiting Tripler every Saturday, making its way around the facility.

Bailey shows all the signs of being one happy puppy when she gets to see her friends at the hospital.

As they prepare to journey to Tripler, Bailey becomes what Melvin describes as a furry ball of excitement, and the feeling is mutual once the patients see her.

“For the people who see her every week, they sort of develop a bond with her. It sort of takes their mind off the medical issues that they might be having. For those that don’t get visitors, it’s a good chance to have someone to speak with. It gives those who are not allowed to have dogs a chance to bond with an animal once again,” Melvin said.

Whether they hang the award above the mantle or on the fridge, Melvin says Bailey’s real reward is the opportunity to walk the halls of Tripler and see the smiles of the patients.

“Bailey is a dog that sort of thrives on human interaction. That is one of the things that she looks forward to is meeting and greeting other people.”



Photo courtesy American Red Cross Hawaii State Chapter

WAIKIKI — Bailey and her owners, Melvin and Arlene Miyamoto (center); with Carina Tagupa (far left), Hawaii Red Cross board member; and Coralie Chun Matayoshi, CEO, Hawaii Red Cross, pose after receiving the 2014 Hero of the Year award during a ceremony, recently.

Brain injury symptoms need evaluation

CORRETTA CUSTIS
Army News Service

FORT LEE, Va. — March is Brain Injury Awareness Month, and many people may have a co-worker, battle buddy, friend, neighbor or spouse who is dealing with a brain injury.

They may have complaints of headaches, dizziness, irritability and tinnitus (ringing in the ear). You may notice that they are easily confused or distracted, have a hard time completing tasks and seem to be forgetful.



HONOLULU — Spc. Cynthya Wilson, Behavioral Health tech at TAMC, demonstrates the Dyna Vision 2000 that measures brain activity used to address a number of visual and physical deficiencies that include hand/eye coordination.

The definition of traumatic brain injury

A TBI, according to the Centers for Disease Control and Prevention, occurs when an individual has sustained a bump, blow or jolt to the head or a penetrating head injury that disrupts the normal function of the brain.

It is not uncommon, according to the Defense and Veterans Brain Injury Center. Nearly 1.7 million people sustain a TBI every year in America.

While most people are able to return quickly to their daily lives, at least 125,000 people, yearly, are considered permanently disabled.

“Knowing the signs and symptoms of traumatic brain injury is key because TBI can happen to anyone whether it happens while playing sports, at work or just slipping on an icy sidewalk,” said



Photos by Ana Allen, Tripler Army Medical Center Public Affairs

HONOLULU — Spc. Cynthya Wilson, Behavioral Health technician, Tripler Army Medical Center, demonstrates the Drive Safely Driving Simulator, Monday, which is used to assess to assess visual-motor reaction time, divided attention, coordinated muscle movement and cognitive information processing. Patients are notified that this is not a formal assessment of driving skills.

Col. Richard Prior, deputy commander for nursing, Kenner Army Health Clinic in Fort Lee, Va. “The signs and symptoms include, but are not limited to, headache, confusion, dizziness or nausea.”

Injuries can range from “mild” to “severe,” with a majority of cases being concussions or mild TBI.

The military community has higher rates of concussions than its civilian counterparts, mostly due to specific job duties, deployments and physical requirements. For the military service member, blast exposures are the primary mechanism of injury.

When we look at children and teens, the main reasons for emergency department visits related to head injuries are bicycling, football, playground activities, basketball and soccer.

TBI can be prevented through precautions

You may wonder how to prevent concussions. Several simple steps help prevent concussions that include proper use of seat belts and properly fitted child safety seats while riding in a motor vehicle.

When participating in activities, such as bicycling, football, hockey, skates, skateboards, base-

ball, softball, horseback riding, skiing and snowboarding, be sure to wear a helmet.

What do I do if someone has a concussion?

If anyone suffers a concussion, he or she needs to be evaluated by a health care professional immediately after injury and may require ongoing evaluation and treatment.

The first line of resource for evaluation of possible TBI symptoms would be through your primary care manager. He or she will be able to further direct your care for possible TBI through use of local network specialty providers.

(Editor’s note: Custis is a registered nurse at Kenner Army Health Clinic, Fort Lee, Va.)

Online Support

For further information on concussions or traumatic brain injury, visit these sites:

- www.cdc.gov, or
- www.dvbic.org.

Listen to TRICARE Podcast #247 on National Nutrition Month and traumatic brain injuries at www.tricare.mil/Welcome/MediaCenter/Podcasts.aspx.



80s: Rock!

CONTINUED FROM B-1

stonewashed denim and Wayfarers.

We took note of one particular college boy moonwalking in checkered Vans, red Birdwell Beach Britches and a blonde mullet. He was the kind of cool guy who probably drove a Camaro. The loudspeaker blared as he climbed the high dive.

“Next, we have Mad (expletive deleted) Mike from University of Maryland!”

We cheered with the crowd, but in the end, his svelte torso was no match for the linebacker from Mississippi State with a gutting pink from multiple flawless flops.

By the time we boarded the bus for our return to Ohio a week later, I had sloughed off the first three layers of my skin, lost my Jellies shoes, survived on happy hour nachos, been totally ignored by Mad (expletive deleted) Mike and maxed out my \$1,000 credit limit, totally unaware that I would be paying off the debt for the next eight years.

And it was totally worth it.

There was something special about the 80s. Was it the big hair? Orange Julius? Hackey Sacks? Mr. T? New Wave music? Shoulder pads? Hawaiian pizza? “The Cosby Show”? McDLTs? The Sprinkler Dance? Tri-color pasta salad? Parachute pants? Boom boxes? Frosted eye shadow? Deely-bobbers? “Alf”? Fried potato skins? A carefree state of mind?

Whatever it was, the 80s were fun. A lot of fun.

“Honey,” I asked my husband as we entered the New Jersey Turnpike, “find that 80s radio station, would you?”

The kids groaned and began arguing over whether we were getting lunch at Wendy’s or Chick-fil-A, but I leaned back in my seat, put on my sunglasses and said, “I think this might turn out to be our best Spring Break trip ever.”

Like, totally.

SB VTF prepares for ROVR

PUBLIC HEALTH COMMAND DISTRICT-CENTRAL PACIFIC
News Release

SCHOFIELD BARRACKS — Beginning April 14th, the Schofield Barracks Veterinary Treatment Facility (VTF) will become one of the last Army veterinary clinics to use a new Web-based records system.

Remote Online Veterinary Record (ROVR) is a secure Web-based application that will allow VTFs worldwide to access patient records.

The online service will serve as an effective way to provide quality veterinary care to service members’ pets.

One of the most important features of the ROVR application will be the

Schofield Barracks VTF
The Schofield Barracks VTF is located in Building 936 on Duck Road. For appointments, call 655-5889 or 655-5893.

continuity of patient care. Now when a service member makes a permanent change of station, or PCS move, from Schofield Barracks to Fort Riley, Kan., and then to Fort Benning, Ga., years later, the level of patient care provided to the family’s pets will not change. Furthermore, the service member will not have to collect pet’s records when out-processing the VTF.

In order to achieve this equalized level of care, service members can expect the VTF’s prices to be modified to accommodate the goal of standardized care in all VTFs, no matter the location.

During the second week of April, key staff members will undergo training for ROVR, in preparation for the application launch, scheduled April 14. To ensure a successful transition in systems, the Schofield Barracks VTF will be closed from April 14-16. During this time, the rest of the VTF staff will be trained on the new application system.

Once the VTF opens on April 17th, the VTF will be operating at a very slow pace with a reduced number of patients being seen, and then gradually become fully operational by the first week of May.

The VTF asks the community to be patient and understanding during this transition period.

(Photo has been altered from its original form; background elements have been removed.)

Photo by Jack Wiers, U.S. Army Garrison Hawaii Public Affairs

Sgt. Wayne Orono (kneeling), SB VTF, examines Wisky, a 7-year-old Weimaraner, while handler Sgt. Michael Vonargen, 520th Military Working Dog Detachment, 8th Military Police Brigade, 8th Theater Sustainment Command, provides support, Tuesday. Handler and working dog both returned Sunday from overseas deployment.

Pet vet records move online for worldwide Army access

JANE GERVASONI
U.S. Army Public Health Command

Military families value their electronic health record system and are grateful that they no longer have to take paper copies of their health records with them each time they move.

Now, the U.S. Army Public Health Command (USAPHC) is training veterinary personnel on a similar system for government-owned animals and privately owned animals belonging to military families.

The new system is called the Remote Online Veterinary Record, or ROVR. The system will offer Army veterinary service personnel, worldwide, new methods for recording and maintaining clinical information about the animals they treat.

“ROVR is a secure, Web-based application that provides the means to electronically record, store, retrieve and transmit the elements of veterinary clinical encounters at all levels of care,” said Col. Erik Topping, deputy commander for Veterinary Services, USAPHC. “It is a state-of-the-art means to collect, manage, analyze and report data and information rapidly and accurately to all levels of the Department of Defense.”

The Army provides veterinary health services for all components of the DOD and to other governmental agencies with complete veterinary medical and surgical care for all government-owned animals, including those belonging to other governmental agencies such as the Secret Service, Border Patrol, the Customs Service and the Transportation Security Administration.

Currently, veterinary personnel document their clinical findings and other statistical data using hard copy records, spreadsheets and other databases. These methods, however, lack the ability to encrypt data, don’t allow access by all veterinary personnel and are generally hard to manage, according to Michael Tackett, U.S. Army Medical Information Technology Center Veterinary Services Systems Management program manager.

“The DOD veterinary services community operates in approximately 144 sites worldwide,” said Tackett. “The new system will be capable of encrypting data and providing worldwide access for Veterinary Service personnel in theater or garrison.”

ROVR was designed to address many of the concerns of the veterinary community and is being trained and fielded throughout the USAPHC regional commands across the world through April.

“Access to this system is based on a user’s common access card,” explained Lt. Col. Kay Burkman, veterinary staff officer at Joint Base San Antonio. “ROVR will create patient records that can be transferred and shared, with access worldwide using the CAC.”

Online Resource
Visit the U.S. Army Public Health Command website for additional information at <http://phc.amedd.army.mil/Pages/default.aspx>.



Rachel Ponder, Aberdeen Proving Ground News

In April, pet health information will be entered in the ROVR system and can be accessed by other Army veterinarians.